

MHSP—THE LINK June 2010

www.mhsp-links.ca 613-284-4608

| S | Mon | Tue | Wed | Thu | Fri | Sa |
|----|-----------------------|---|--|---|---|----|
| | closed | 1 10:00 1:1 peer support appointments 1:30-3:30 4 steps to Happiness (final) | 2 (Halina in CP WRAP 10 12) 10:00 Drop in Check in 11:00 Brunch \$2 1:30 BINGO | 3 10:00 1:1 peer support appointments 1:30-3:30 Self esteem wkshp | 4 CPN Ottawa 10:00 Drop in/check in 12:00 lunch \$2 1:30—creativity afternoon 6-9 On Stage | 5 |
| 6 | 7 closed | 8 10:00 1:1 peer support appointments 1:30 Movie "Love Happens" and discussion | 9 (Halina in CP WRAP 10-12) 10:00 Drop in Check in 11:00 Brunch \$2 1:30 Games Afternoon | 10 10:00 1:1 peer support appointments 1:30-3:30 Self esteem wkshp | 11 (cancel MSB meeting) 10:00 Drop in/check in 12:00 lunch \$2 1:30—creativity afternoon | 12 |
| 13 | 14 Halina OPDI @ link | 15 10:00 1:1 peer support appointments 1:30-3:30 Budgeting wkshp | 16 Halina in CP WRAP 10-112 10:00 Drop in Check in 11:00 Brunch \$2 Movie @ Theatre \$3 | 17 10:00 1:1 peer support appointments 1:30-3:30 Self esteem wkshp | 18 10:00 Drop in/check in 12:00 lunch \$2 1:30—creativity afternoon | 19 |
| 20 | 21 Halina OPDI @ link | 22 10:00 1:1 peer support appointments 1:30-3:30 Budgeting wkshp | 23 Halina in CP WRAP 10-12 Fishing Trip BBQ picnic \$2 LINK CLOSED | 24 10:00 1:1 peer support appointments 1:30-3:30 Self esteem wkshp | 25 10:00 Drop in/check in 12:00 lunch \$2 1:30—creativity afternoon | 26 |
| 27 | 28 Halina OPDI @ link | 29 10:00 1:1 peer support appointments 1:30-3:30 Budgeting wkshp | 30 Halina in CP WRAP 10-12 10:00 Drop in Check in 11:00 Brunch \$2 1:30—3:30 Wellness Day | July 1 CANADA DAY LINK CLOSED | July 2 LINK CLOSED | |