





December 2010 MHSP - The Link

613-284-4608 www.mhsp-links.ca



Su	Mo	Tue	Wed	Thu	Fri	Sa
		10:00 –12 Drop In Check In & Coffee Club 1:30 Last WRAP group	1 10:00 –12 Drop In Check In Decorate Link 1:30 Christmas Movies No bus for this event	2 Carleton Place group Link opens at 1:00 1:30 Gratitude Group & activities 7-9:00 FSG pot luck	3 10:00 –12 Drop In Check In Noon Lunch \$3 1:30 Crafts 3:30 Exercises 7:00-10:15 Hockey Game \$7	4
5	6	7 10:00 –12 Drop In Check In & Coffee Club 1:30 Gratitude Group & activities 3:30 Exercises	8 10:30 – 12 MSB meeting 1:00-4:00 Nostalgia Christmas Afternoon. Drinks \$1	9 Carleton Place group Link opens at 1:00 1:30 Gratitude Group & activities	10 10:00 –12 Drop In Check In Noon Lunch \$3 1:30 Crafts 3:30 Exercises	11
12	13	14 10:00 –12 Drop In Check In 1:30 Gratitude Group & activities 3:30 Exercises	15 10:00 –12 Drop In Check In Prep for Friday 1:30 BINGO—Food prizes	16 Carleton Place group Link closed for party prep	17 Link opens at 2:00 5:00-9:00 Christmas Dinner & On Stage . Please sign up	18
19	20	21 Link Closed 	22 Link Closed The Link will be painted over the holidays.....	23 Link Closed	24 Link Closed 	25
26	27	28 Link Closed	29 Link Closed	30 Link Closed	31 Link Closed re opens Tues Jan 4, 2011	